

CITY OF KENMORE

Human Services Guide



kenmorewa.gov/humanservices



What are human services and what is the role of the City of Kenmore?

Human services are social, behavioral, and health services to address the safety, well-being, and self-sufficiency of residents of all ages. Often with a special focus on vulnerable populations, these services can help to improve overall quality of life through prevention, intervention, treatment, and recovery support.

As a function of local government, the City of Kenmore plans, facilitates, and funds programs to help connect people with resources and solutions during times of need, sometimes in collaboration with other agencies.

Help for single people, children, teens, families, and older adults can be in the form of income support, transportation connections, services for individuals with disabilities, housing and food assistance, homelessness prevention, physical and behavioral health support, and positive youth development.

Diversity, Equity, Inclusion, and Accessibility Statement

The Kenmore Human Services Needs Assessment and future planning and implementation efforts are rooted in the City of Kenmore's commitment to Diversity, Equity, Inclusion and Accessibility.

The City of Kenmore strives to be an open, inclusive, and welcoming place for all. The City Council and staff are committed to prioritizing diversity, equity, and inclusion and enacting change at the local level.

Housing and Human Services has a dedicated set of deliverables within the Kenmore DIEA Strategic Plan, which are rooted in the priority to advance human services by centering marginalized communities in responding to community needs.

To update any resource information in this guide, please email
humanservices@kenmorewa.gov

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Get Connected. Get Help.

If you have an emergency, call 9-1-1.

2-1-1 is a statewide database of community resources.

Call 2-1-1 to receive a referral to a community based agency that can best provide you with assistance.

9-8-8 is a national suicide and crisis lifeline.

Call 9-8-8 for free and confidential support for people in distress, prevention and crisis resources for yourself or a loved one.



ADDICTION

Al-Anon / Alateen	206-625-0018
Alcoholics Anonymous.	425-454-9192
Gambling Helpline.	800-547-6133
Narcotics Anonymous	800-662-4357
Recovery Services of King County.	206-263-8997
Therapeutic Health Services.	206-546-9766
Washington Recovery Help Line.	1-866-789-1511

CHILDREN & YOUTH

Big Brothers/Big Sisters.	206-763-9060
Boys & Girls Club.	206-363-3717
Center for Children & Youth Justice.	206-696-7503
Child Abuse Hotline	866-363-4276
Child Care Aware	253-383-1735
Child Care Resources	206-329-1011
Child Care Resources Family Call Center	206-329-5544
Childhaven (abuse, neglect)	206-624-6477
Child Protective Services	800-609-8764
Children’s Home Society.	206-695-3200
Child Support – DSHS	206-341-7000
Foster Care Licensing.	888-543-7414
KidVantage (basic needs)	425-209-1136
Kindering Center (special needs)	425-747-4004
King County Library Study Zone.	425-369-3312
King County Mental Health Services	206-263-8997
Open Adoption and Family Services	800-772-1115
Treehouse (foster children)	206-767-7000
United Indians of All Tribes	206-285-4425
Washington Autism Alliance.	425-894-7231
Wonderland Child and Family Services	206-364-3777
YMCA Northshore.	425-485-9797

EDUCATION

El Centro de la Raza	206-957-4634
Filipino Community of Seattle	206-722-9372
Helping Link (services for Vietnamese community)	206-568-5160
Horn of Africa Services	206-760-0550
Northshore School District	425-408-6000
Northwest Education Access	206-523-6200

PARENTS

Children’s Home Society - North Seattle Family Resource Center	206-364-7930
DSHS: Kinship Care (extended family raising kids)	877-501-2233
Institute for Family Development	253-874-3630
Wellspring Family Services	206-826-3050

TEENS

Cedar River Clinic, Seattle	800-572-4223
Friends of Youth	425-869-6490
Harborview Medical Center Homeless Youth Primary Care Services at the ROOTS Young Adult Shelter in Seattle	206-632-1635
King County Safe Place	800-422-8336
National Runaway Safeline	800-786-2929
Safe Futures Youth Center	206-938-9606
Teen Link (crisis clinic and helpline)	866-833-6546
Threads of Change (clothing)	425-971-2448
The Trevor Project	866-488-7386
YMCA Family Services and Mental Health	206-382-5340

DISABILITIES

Abused Deaf Women’s Advocacy (Front Desk) . . .	206-922-7088
Abused Deaf Women’s Advocacy (Crisis Line)	206-812-1001
The ARC of Washington State.	888-754-8798
AtWork! (ages 21-65)	425-274-4000
Brain Injury Alliance of Washington.	206-467-4800
Bridge Disability Ministries	425-885-1006
Catholic Community Services Volunteer Services .	206-328-5787
Community Living Connections	206-962-8467
Children with Special Health Care Needs.	206-296-4610
Children’s Therapy Center.	253-216-0720
Deaf-Blind Service Center.	206-323-9178
Disability Empowerment Center	866-545-7055
Disability Rights Washington.	800-562-2702
DSHS: Aging and Long-Term Support Admin.. . . .	800-422-3263
Hearing Loss Association of America	301-657-2248
Hearing Loss Association of WA.	503-882-0115
Hearing, Speech, and Deaf Center	206-323-5770
Jewish Family Services.	206-461-3240
Job Accommodation Network.	800-526-7234
Kindering Center.	425-747-4004
King County Aging & Disability Services.	206-684-0660
Lighthouse for the Blind.	206-322-4200
National Federation for the Blind.	410-659-9314
Northwest Access Fund.	206-328-5116
Puget Sound Personnel (employment).	425-562-1231
Tavon Learning Center	425-999-2269
Vadis.	253-863-5173

DISABILITIES (CONT.)

WA Assistive Technology Program.	800-214-8731
WA Autism Alliance.	425-894-7231
WA Council for the Blind.	800-255-1147
WA Division of Developmental Disabilities.	206-568-5700
WA State Department of Services for the Blind.	206-906-5500
WA State Relay Service	711
WA Talking Book and Braille Library.	206-615-0400

DOMESTIC VIOLENCE & SEXUAL ASSAULT

Abused Deaf Women’s Advocacy (Front Desk)	206-922-7088
Abused Deaf Women’s Advocacy (Crisis Line)	206-812-1001
API Chaya (Office)	206-467-9976
API Chaya (Helpline; M-F 10am-4pm)	877-922-4292
Childhelp USA (child abuse care & prevention).	800-422-4453
Child Protective Services (Report Abuse and Neglect)	866-363-4276
Consejo Counseling and Referral Service	206-461-4880
DAWN- Domestic Abuse Women’s Network (24-hour crisis hotline)	425-656-7867
Dawson Place (child advocacy center)	425-789-3000
Domestic Violence Hotline.	800-799-7233
Domestic Violence Protection Order	206-477-1103
Harborview Center for Sexual Assault.	206-744-1600
Jewish Family Services.	206-461-3240
King County Sexual Assault Resource Center	888-998-6423
Lifewire 24-Hour Domestic Violence Helpline	425-746-1940
Mother Nation (for indigenous women).	206-722-2321
New Beginnings.	206-522-9472
1 in 6 (male survivors of sexual assault)	800-656-4673

DOMESTIC VIOLENCE & SEXUAL ASSAULT (CONT.)

Organization for Prostitution Survivors.	206-337-6155
Northwest Network LGBT Survivors of Abuse	206-568-7777
Peace in the Home Helpline (non-English).	888-847-7205
Rape, Abuse, & Incest Network.	800-656-4673
Real Escape from the Sex Trade.	425-395-4691
Refugee Women’s Alliance.	206-721-0243
Seattle Indian Health Board.	206-324-9360
Sexual Violence Law Center.	844-991-7852
Stronghearts Native Helpline.	844-762-8483
Victim – King County Jail Notification	877-425-8463
Victim – WA State Notification	877-846-3492
WA State Domestic Violence Hotline.	866-331-9474
CA Children’s Domestic Violence.	877-757-8297
YWCA Pierce County Teen Dating Violence Prevention	253-272-4181

EATING DISORDERS

The Emily Program.	888-364-5977
National Eating Disorders Association Helpline.	800-931-2237
Opal Food and Body Wisdom	206-926-9087
Seattle Overeaters Anonymous	206-264-5045

EMPLOYMENT – CAREER TRAINING

Aerospace Joint Apprenticeship Committee.	206-764-7940
Americorps.	800-942-2677
ANEW Construction Apprenticeship.	206-381-1384
Bellevue Clubhouse (mental health employment) . .	425-614-1282
Boys & Girls Clubs – YouthForce.	206-436-1843
Casa Latina Day Worker Center.	206-956-0779
Disability Empowerment Center	206-545-7055
El Centro de la Raza	206-957-4634
Employment Security Department (Unemployment)	800-318-6022
Fare Start.	206-443-1233
Goodwill (job training).	206-329-1000
Greater Seattle Bureau of Fearless Ideas.	206-725-2625
HopeLink (job and career coaching).	425-250-3030
Ingersoll Gender Center.	206-849-7859
Job Corps (for those 16–24 years old)	800-733-5627
King County Veterans Program.	206-263-8387
Lighthouse for the Blind.	206-322-4200
Native Workforce Services Program.	425-414-0051
Reconnect to Opportunity.	425-305-0971
Refugee Women’s Alliance.	206-721-0243
Renton Technical College.	425-235-2352
Seattle Youth Employment Program.	206-386-1375
Sound Employment Services.	425-652-5746
Teens in Public Service.	206-985-4647
Tilth Alliance (Youth Garden Works)	206-633-0451

EMPLOYMENT – CAREER TRAINING (CONT.)

WA Division of Vocational Rehabilitation	800-637-5627
WA Small Business Development Center	833-492-7232
WA Women in Need.	425-451-8838
WorkFirst (temporary assistance for families)	877-501-2233
WorkSource North Seattle.	206-440-2500
YouthCare (employment).	206-694-4500
YouthSource.	206-263-0795
YWCA Economic Advancement Programs.	206-461-4888

ENGLISH LANGUAGE LEARNERS

Literary Source.	206-782-2050
OneAmerica	206-723-2203
Refugee Women’s Alliance.	206-721-0243
St. James Immigrant Assistance	206-382-4511
Shoreline Community College.	206-546-4101
Talk Time – Kenmore Library.	425-486-8747
Ukrainian Community Center of WA.	425-430-8229

FINANCIAL EDUCATION & ASSISTANCE

American Financial Solutions.	888-282-5899
Consumer Education and Training Program	206-409-3459
Debt Clinic (KCBA Neighborhood Legal Clinic)	206-267-7070
El Centro de la Raza: Financial Empowerment Program (Janet Torres Garcia)	206-671-8860
El Centro de la Raza: Financial Empowerment Program (Denisa Aitonean)	206-671-8861
Hopelink: Financial Capability Program	425-250-3003
National Foundation for Credit Counseling	800-388-2227
Northwest Access Fund	206-328-5116
YWCA: Economic Resilience Initiative	206-461-4888

FOOD

Asian Counseling & Referral Food Bank.	206-695-7510
Cedar Park Kenmore Church Food Pantry	425-939-1377
DSHS- Supplemental Nutrition Assistance Program	877-501-2233
Emergency Feeding Program.	425-277-0300
Filipino Community of Seattle.	206-722-9372
Hopelink Kirkland/Northshore Market Service Center	425-889-7880
Jewish Family Services.	206-461-3240
Kenmore Senior Center.	425-489-0707
North Helpline Lake City.	206-367-3477
Northwest Harvest.	800-722-6924
The Salvation Army (North Seattle).	206-783-1225
Sound Generations: Meals on Wheels	206-448-5767
Sound Generations: Meals on Wheels (Alt. Line) . . .	888-308-6325
Teen Feed.	206-522-4366
WA State Department of Health Women, Infants, & Children	800-841-1410
Woodinville Storehouse Food Bank.	425-483-5252

For food resources offered in the City of Kenmore, dial 2-1-1 or visit kenmorewa.gov/services/community-resources for an up-to-date list of available services and supports

GRIEF COUNSELING

Crisis Connections (24-hour crisis line)	206-461-3222
Crisis Connections (24-hour crisis line)	866-427-4747
Eluna (grief camps for youth)	206-713-5628
The Healing Center.	206-523-1206
Providence Grief Support.	206-749-7702
Safe Crossings (Youth Grief)	206-225-5816
Wild Grief (processing grief through hiking)	360-358-3213

HEALTH CARE

DENTAL

HealthPoint Dental Clinic – Bothell.	425-424-6350
International Community Health Services Medical & Dental Clinic - Shoreline	206-533-2660
King County Access to Baby & Child Dentistry.	800-756-5437
King County Community Health Access Program.	800-756-5437
King County North Seattle Dental Clinic.	206-205-8580
NW Medical Mobile Dental	206-330-6775
Sea Mar Bellevue Dental Clinic.	425-998-5980
Sea Mar Seattle Dental Clinic	206-762-3263

INSURANCE

Apple Health (WA State Medicaid)	800-562-3022
Community Health Plan of WA (CHPW)	800-440-1561
Medicare	800-633-4227
WA State Office of the Insurance Commissioner	800-562-6900
WA Health Plan Finder/Benefits Exchange	855-923-4633

MEDICAL

Center for MultiCultural Health	206-461-6910
Children with Special Health Needs	206-296-4610
Community Health Access Program	800-756-5437
Evergreen Health Urgent Care - Kenmore	425-686-6710
HealthPoint Medical Clinic – Bothell	425-486-0658
International Community Health Services Medical & Dental Clinic - Shoreline	206-533-2600
KC Public Health – Mobile Medical Van	206-330-6775
Lifelong AIDS Alliance	206-957-1600
Neighborcare Health at Lake City	206-417-0326
People’s Harm Reduction Alliance (needle exchange)	206-755-9472
Sea Mar Bellevue Medical Clinic	425-460-7140
Target HIV	206-263-2000
United Indians of All Tribes	206-285-4425
Washington Poison Control	800-222-1222
Wellspring Family Services	206-826-3050

MENTAL HEALTH

Suicide and Crisis Lifeline	988
Asian Counseling and Referral Services	206-695-7600
Bellevue Clubhouse (mental health employment assist.)	425-614-1282
Boys Town	800-448-3000
Center for Human Services.	206-362-7282
Childhaven (Child and Family Counseling).	206-624-6477
Connections Health Solutions 24/7 Crisis Center.	Opening 2024
Consejo Counseling and Referral Services	206-461-4880
Crisis Connections (24-Hour Crisis Line)	206-461-3222
Crisis Connections (Alternate Line)	866-427-4747
Filipino Community of Seattle.	206-722-9372
Forefront Suicide Prevention	206-543-1016
Jewish Family Services	206-461-3240
King County Behavioral Health and Recovery Division	206-263-8997
La Esperanza Health Counseling Services	425-248-4534
Lutheran Community Services NW	206-901-1685
NAMI Helpline	800-950-6264
Ryther.	206-525-5050
Sound Health- Lake City.	206-901-2000
THS- Wraparound Intensive Services/WISe.	833-278-4357
WAPI Community Services.	844-987-9274
WA Warm Line	877-500-9276
YMCA Family Services and Mental Health.	206-382-5340
Youth Eastside Services.	425-747-4937

SEXUAL HEALTH

Cedar River Clinic, Seattle	800-572-4223
Center for MultiCultural Health	206-461-6910
Harborview Sexual Health Clinic	206-744-3590
Planned Parenthood- Bellevue	800-769-0045
Planned Parenthood- Lynnwood	800-769-0045
Planned Parenthood- Northgate	800-769-0045

BLOOD DONATIONS

American Red Cross- King County.	206-323-2345
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HOMELESS SERVICES

Babies of Homelessness.	866-442-6443
Dignity for Divas.	206-457-4617
Hopelink.	425-869-6000
KC Public Health – Mobile Medical Van.	206-330-6775
Lake City Partners Ending Homelessness.	206-913-2267
Mary’s Place.	206-245-1026
ROOTS Young Adult Shelter in Seattle.	206-632-1635
The Salvation Army (North Seattle).	206-783-1225
Solid Ground(regional intake line).	206-694-6833
United Indians of All Tribes	206-829-2247
YouthCare.	206-694-4500

Lake City Partners Outreach Program:

Designed to assist people experiencing homelessness with access to supportive services, this program will continue to operate in Kenmore at least through 2024. Lake City Partners also operate a Housing Access Points program and are at Community Court every Tuesday.

To access an Outreach Specialist, please contact Carrie Czarnecki, 206-629-5925, or carrie@lakecitypartners.org. The Outreach Specialist phone and email are only monitored during business hours. Up-to-date information on this program can be found at: kenmorewa.gov/hhsspecialprojects

SHELTERS

Aurora Oaks Enhanced Shelter.	206-913-2267
King County Family Emergency Family Line.	425-679-0354
ROOTS Young Adult Shelter in Seattle.	206-632-1635
Solid Ground.	206-694-6833
The Salvation Army (North Seattle).	206-783-1225
The Sophia Way- Helen’s Place	425-572-2178
Youth Haven.	206-409-6009

Call **2-1-1** for shelter referral or availability.
Most shelters listed require a referral.

IMMIGRANTS & REFUGEES

African Community & Housing Development	206-257-1166
American Civil Liberties Union of Washington	206-624-2184
Asian Counseling and Referral Services	206-695-7578
Catholic Immigration Legal Services	206-328-6314
Chinese Information & Service Center.	206-624-5633
Eastside Legal Assistance Program	425-747-7274
El Centro de la Raza	206-957-4634
Horn of Africa Services.	206-760-0550
International Rescue Committee.	206-623-2105
Jewish Family Services.	206-461-3240
Kids in Need of Defense.	206-359-3266
Korean Women’s Association- Lynnwood.	425-741-0072
Lutheran Community Services NW.	206-816-3253
Northwest Immigrant Rights Project	206-587-4009
OneAmerica – English Innovations	425-344-5612
OneAmerica – English Innovations (Español)	206-839-7711
Refugee Resettlement Office.	206-323-3152
Refugee Women’s Alliance.	206-721-0243
US Citizenship & Immigration Services.	800-375-5283
West African Community Council.	206-750-6076

INTERPRETERS – TRANSLATION

Dynamic Languages.	206-244-6709
Language Line Solutions.	800-752-6096

HOUSING

AFFORDABLE HOUSING

King County Housing Authority	206-574-1100
Low Income Housing Institute.	206-443-9935
YWCA	206-490-4397
YMCA Family Services and Mental Health.	206-382-5340

HOME OWNERSHIP

Habitat for Humanity.	206-453-2950
995 Hope- Home Ownership Preservation.	888-995-4673
WA Homeownership Resource Center	877-894-4663

HOUSING REPAIR

King County Housing Authority Housing Weatherization Program	206-214-1240
King County Housing Authority- Section 8 Housing Options in Kenmore	206-214-1300
King County Housing Repair.	206-263-9095

MANUFACTURED HOUSING DISPUTES

WA Attorney General's Office- Consumer Protection	800-551-4636
WA Attorney General's Office-Manufactured Housing Dispute Resolution Program.	866-924-6458

RENTAL ASSISTANCE

Catholic Community Services	425-213-1963 ext. 2
The Salvation Army (North Seattle).	211
St. Vincent de Paul.	206-767-6449
Solid Ground.	211
United Way	206-461-3700
YMCA Eviction Prevention and Rental Assistance Program.	206-751-7130

LGBTQIA2S+

<u>Entre Hermanos</u>	206-322-7700
<u>Gay City</u>	206-860-6969
<u>Ingersoll Gender Center</u>	206-849-7859
<u>Lambert House</u>	206-322-2515
<u>Northwest Network LGBT Survivors of Abuse</u>	206-568-7777
<u>Parents, Families, and Friends of Lesbians & Gays (PFLAG)</u>	206-325-7724
<u>Q-Law</u>	206-483-2725
<u>Trans Lifeline</u>	877-565-8860
<u>The Trevor Project</u>	866-488-7386
<u>Youth Eastside Services</u> (BGLAD program)	425-747-4937

LEGAL

Bridge Disability (guardianship services)	425-885-1006
Columbia Legal Services	206-464-5911
Dispute Resolution Center of King County	206-443-9603
Eastside Legal Assistance Program	425-747-7274
El Centro de la Raza	844-502-9832
King County Bar Assoc. Neighborhood Legal Clinics	206-267-7070
King County Bar Assoc. Pro Bono Legal Services	206-267-7100
King County Bar Assoc. Self Help Plus	206-267-7080
King County Housing Justice Project (eviction prevention)	206-580-0762
King County Law Library (Seattle)	206-477-1305
King County Public Defender	206-296-7662
Legal Counsel for Youth and Children	206-494-0323
Northwest Justice Project	888-201-1012
Northwest Justice Project CLEAR Hotline	888-201-1014
Solid Ground (tenant services hotline)	206-694-6767
Team Child	206-322-2444
Tenant’s Union of WA State	206-723-0500
WA State Human Rights Commission	800-233-3247
West African Community Council	206-636-9882

SENIORS

Aging & Disability Services Area Agency on Aging for Seattle and King County Alzheimer's Assoc. . . .	206-684-0660
Back to Work 50+ by AARP	800-272-3900
Catholic Community Services Volunteer Services . . .	855-850-2525
Chinese Information Service Center (AAPI Seniors)	206-328-5787
DSHS Adult Protective Services.	206-957-8533
Easter Seals Eastside Adult Services Center.	877-734-6277
Employment (55+) Senior Community Service	206-281-5700
Employment Program by AARP	855-850-2525
Evergreen Healthcare	425-899-6800
Fall Prevention – One Step Ahead.	206-263-8544
Full Life Care.	206-528-5315
GenPride	206-393-3400
Hearing Loss Association of America	301-657-2248
Jewish Family Service	206-461-3240
Kenmore Senior Center	425-489-0707
Kenmore Senior Center Community Food Pantry . .	425-489-0707
King County Community Living Connections	844-348-5464
King County Neighborhood Legal Clinic- Elder Law	206-448-5720
King County Property Tax Exemption for Seniors . .	206-296-3920

SENIORS (CONT.)

Lake City Seniors Community Dining (MWF)	206-268-6740
Meals on Wheels	206-448-5767
Medicaid (Apple Health)	800-562-3022
Medicare	800-633-4227
Medicare-WA Health Insurance Benefit Advisors	800-562-6900
Northshore Senior Center	425-487-2441
Program of All-Inclusive Care for Elderly/PACE	206-320-5325
Report Abuse and Neglect (DSHS)	866-363-4276
Seattle Human Society Pet Food Assistance	425-649-7566
Senior Companion Program	360-902-0656
Social Security Administration	800-772-1213
Sorenson (free phone captioning)	833-691-1600
United Indians of All Tribes.	206-678-5900
Volunteer Transportation – Sound Generations	206-448-5740
WA Poison Center (medication interactions)	800-222-1222
WArrayRX Prescription Drug Discount Card	800-913-4146
Wellness Checks by Kenmore Police Department	206-296-3311

TRANSPORTATION

Access Eligibility	206-263-3113
Dial-A-Ride Transit (Metro).	1-866-261-3278
Hopelink Medicaid Transportation.	800-923-7433
Metro Access Transportation.	206-205-5000
Metro Transit (information and schedule).	206-553-3000
Metro Transit Rideshare (carpool).	206-625-4500
Sound Generations Volunteer Transportation.	206-448-5740
Sound Transit.	888-889-6368

UTILITY ASSISTANCE PROGRAMS

Catholic Community Services Emergency	425-213-1963 ext. 2
Hopelink Energy Assistance.	425-658-2592
Northshore Utility District Low Income Discount Program	425-398-4400
Puget Sound Energy	888-225-5773
St. Vincent de Paul.	206-767-6449
Salvation Army.	211

VETERANS

Compass Veterans Center- Shoreline	206-474-1880
Crisis Line for Veterans.	988 then Press 1
King County Veterans Program.	206-263-8387
National Call Center for Homeless Veterans	877-424-3838
United Indians of All Tribes.	206 285-4425
US Department of Veterans Affairs.	800-827-1000
VA Puget Sound Healthcare System	800-329-8387
WA Department of Veterans Affairs	877-904-8387
WA State Veterans Benefits	800-562-2308
Washington State Military Transition and Readiness Council	360-918-1128



Fostering a sense of community where everyone has an opportunity to thrive is important to the City of Kenmore.

The information listed within this guide contains phone numbers of community resources and human services for: mental health counseling, medical and dental care, food, shelter, transportation, and other support programs that promote stability and well-being.

Many of these local and regional nonprofit organizations and programs are funded in part by Kenmore's Human Services Grant Funding Program.

This list is supplied as a courtesy by the City of Kenmore. It is not an endorsement of the listed providers, their services, or fees.

To update any resource information in this guide, please email humanservices@kenmorewa.gov



kenmorewa.gov/humanservices